



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
ChoiceBased Credit System (CBCS) in Light of NEP-2020
B.A. (Psychology)
Semester III (2025-28)

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
BAPSY301	Major	Psychology of Personality	60	20	20	30	20	2	0	2	3

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit.

***Teacher Assessment** shall be based on the following components: Quiz/Assignment/Project/Participation in Class, given that no component shall exceed more than 10 marks.

Course Educational Objectives (CEOs):

CEO1: Understand the term personality through various approaches and its application indifferent walks of life.

CEO2: Understand the difference between psychoanalytic and neo psychoanalytic theories of personality.

CEO3: Comprehend the centrally important theories and approaches of personality.

CEO4: Understand the individual differences through trait approaches of personality.

CEO5: Impart various research and assessment methods to measure personality.

Course Outcomes: Students will be able to-

CO1: Define the personality in terms of body structure, culture, class etc.

CO2: Differentiate between psychoanalytic and neo-psychoanalytic theories of personality.

CO3: Describe behaviorist and humanistic-existential approaches to personality.

CO4: Recall the trait approach and identify issues related to personality.

CO5: Demonstrate the application of different personality assessment methods.

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BAPSY301
Psychology of Personality

Contents

Unit I

Introduction to Personality- Definitions and Nature; Approaches: Person-Situation Interaction; Idiographic & Nomothetic.

Unit II

Psychoanalytic and Neo-Psychoanalytic Theories of Personality- Sigmund Freud: Id, Ego, Superego, Psychosexual Stages; Carl Jung: Archetypes, Collective Unconscious; Erik Erikson: Psychosocial Stages of Development.

Unit III

Approaches to Personality- Behaviorist Theory: B.F. Skinner; Humanistic Theory: Carl Rogers; Contemporary Cognitive Theory: Albert Bandura.

Unit IV

Trait Approach- Gordon Allport: Cardinal, Central, and Secondary Traits; Raymond Cattell: 16 Personality Factors; Hans Eysenck: Eysenck's Three Dimensions of Personality; Five Factor Model: Costa & McCrae (OCEAN - Openness, Conscientiousness, Extraversion, Agreeableness, Neuroticism)

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Unit V

Personality Assessment Methods- Objective Methods: Self-report Inventories; Projective Methods; Behavioral Methods; Ethical Considerations in Personality Assessment.

List of Practical: (Any Five)

- Big Five Personality Inventory
- Personality Assessment Profile
- Personality Inventory
- TAT (Thematic Apperception Test)
- MPI (Maudsley Personality Inventory)
- 16 PF (Sixteen Personality Factor Questionnaire)

Suggested Readings:

- Cervone, D., & Pervin, L. A. (2020). **Personality: Theory and Research** (14th ed.). Wiley.
- Funder, D. C. (2019). **The Personality Puzzle** (8th ed.). W.W. Norton & Company.
- McAdams, D. P. (2018). **The Art and Science of Personality Development**. Guilford Press.
- Friedman, H. S., & Schustack, M. W. (2019). **Personality: Classic Theories and Modern Research** (6th ed.). Pearson.
- Roberts, B. W., & Mroczek, D. (2021). **Personality Development across the Lifespan**. Academic Press.
- Ashton, M. C. (2018). **Individual Differences and Personality** (3rd ed.). Academic Press.
- Corr, P. J., & Matthews, G. (2020). **The Cambridge Handbook of Personality Psychology** (2nd ed.). Cambridge University Press.
- Schultz, D. P., & Schultz, S. E. (2020). **Theories of Personality** (11th ed.). Cengage Learning.

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BAPSY302	CC	Biopsychology	60	20	20	0	0	3	0	0	3

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***Teacher Assessment** shall be based following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.

Course Educational Objectives (CEOs):

CEO1: To provide the basic knowledge of biological bases of behaviour with the help of different methods.

CEO2: To provide the awareness of developmental concepts and evolution of neural and behavioral systems.

CEO3: To enable regarding various sensory system and their functioning.

CEO4: To understand the relationship between brain and behavior.

CEO5: To know the hormonal bases of behaviour and functions and abnormalities related to different glands.

Course Outcomes (COs): The student will be able to:

CO1: Describe how the general principles and tools of biopsychology are applied.

CO2: Identify the major anatomical structures of the nervous system by their function and their relative position.

CO3: Classify the actions of neurotransmitters and receptor types and predict their effects on behavior.

CO4: Explain various sensory systems and their functioning.

CO5: To describe the role of hormones and glands to identify the behavioural patterns.

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BAPSY302
Biopsychology

Contents

Unit I

Introduction: Biopsychology: Definition, Nature and Scope; Methods of study: Ablation, Recording, Electrical and chemical stimulation: EEG, MRI CT, fMRI.

Unit II

Anatomy of the Nervous System: Structure and Functions, Nerve Impulse and Synaptic Transmission, Neurotransmitters and their Functioning.

Unit III

Sensory Systems: The visual System, the Auditory System and the Somato-sensory System.

Unit IV

Anatomy of the Brain: Structure of the Brain- The Forebrain, Midbrain, Hindbrain, Cerebral Cortex and its Organization, Brain Damage and Plasticity.

Unit V

Hormonal Basis of Behavior - Endocrine System: Structure, Functions and abnormalities of major glands: Thyroid, Adrenal, Gonads, Pituitary, Pancreas and Pineal gland.

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Recommended Readings:

- Breedlove, S. M., Rosenzweig, M. R., & Watson, N. V. (2007) **Biological Psychology: An introduction to behavioral, cognitive, and clinical neuroscience**, 5th Edition.
- Chauhan, R. R. (2001). **Asamanaya Manovigyan**. Kurukshetra: Azad Publications
- Dixit, Nirupama (2010). **Adhunik Asamanaya Manovigyan**. Agra: Aggrawal Pub.
- Levinthal, C.F. (1983). **Introduction to Physiological Psychology**. New Delhi: PHI.
- Mangal, S. K. (2008). **Abnormal Psychology**. New Delhi: Sterling.
- Pinel, J. P. J. (2011) **Biopsychology, 8th Edition**. Pearson Education, New Delhi.
- Rozenweig, M. H. (1989). **Physiological Psychology**. New York:
- Singh, R. N. (2010). **Mool manoviganik prakriyaen**. Agra: Aggarwal Publication

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